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Last weeks Speaker

Derrick Martins came and spoke to us about the Drip Bar, located in North Beverly, and if you feel sluggish or maybe even a bite too much holiday cheer, might want to consider a Drip to get you back on track.

Bell Ringers Needed

Sir Al Temkin (via moiph) has been sending sign up sheets for our yearly Bell Ringing project. This year on Saturday December 21st from 9-4 at various locations around town. If you can please let Al know ASAP so his coif can stay perfectly in place. You'll see more emails, hold onto your bells.

Holiday Parade Walkers

This year Holiday Parade is on Sunday December 1st just after Thanksgiving. We need walkers for a few reasons: 1. Show community that Rotary has a presence in our town, 2. We can collect toys along the way for Toys For Tots, remember that! 3 you can wave to Al Temkin sitting on the flatbed near city hall with a bevy of mucky mucks. Let Ozzy know or Moiph or anyone else, we have shirts for you to wear.

Bring a Toy

Still looking for toys from the members. We have locations around town at Super Sub, Edward Jones, Custom Medicine, AFC Urgent Care, M&T Bank, Keller Williams (Linda Turcotte), or at the high school if not on strike. Or just bring to meeting and foist on Moiph

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BEVERLY ROTARY CLUB
SPROCKET NEWSLETTER

Nov 14 2024 Issue 17

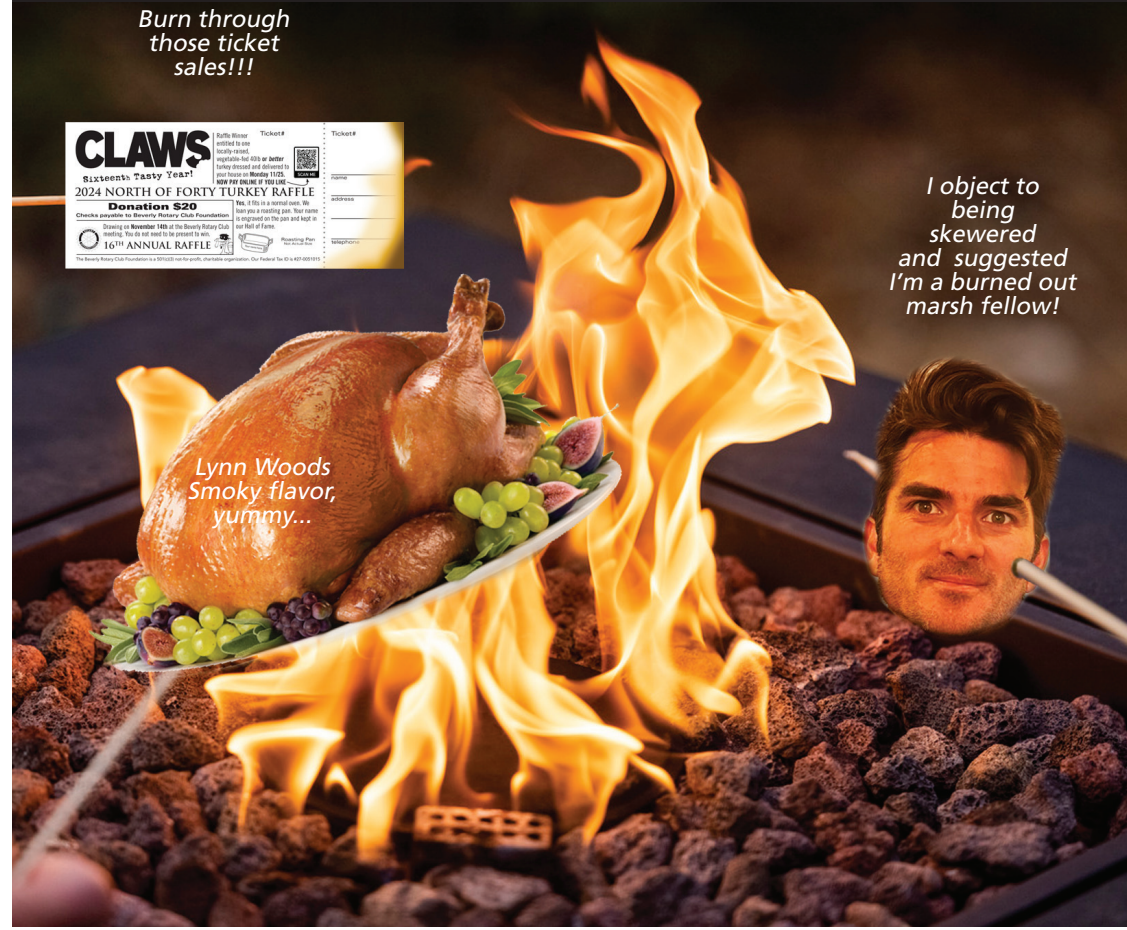


Pay for meals, fines, happy dollars basically anything!

COMING UP

- Nov 14**
Andrea Lacroix/
Plastic Talk
- Nov 21**
TBD Information Talk
- Nov 26**
Joint meeting with
Salem club IN Salem
- Dec 1**
Holiday Parade

MAKE GOOD USE OF LOCAL WILDFIRES!!!



Burn through those ticket sales!!!

CLAWS
Sixteenth Tasty Year!
2024 NORTH OF FORTY TURKEY RAFFLE

Donation \$20
Checks payable to Beverly Rotary Club Foundation
Drawing on November 14th at the Beverly Rotary Club meeting. You do not need to be present to win.

16TH ANNUAL RAFFLE

The Beverly Rotary Club Foundation is a 501(c)(3) not-for-profit, charitable organization. Our Federal Tax ID is #27-0051015

I object to being skewered and suggested I'm a burned out marsh fellow!

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Raffle Winner entitled to one locally-raised, vegetable-fed 40lb or better turkey dressed and delivered to your house on Monday 11/25. NOW PAY ONLINE IF YOU LIKE

Yes, it fits in a normal oven. We loan you a roasting pan. Your name is engraved on the pan and kept in our Hall of Fame.

Ticket# _____
name _____
address _____
telephone _____

I'm a little ticket short and stout, if you ate 40lbs of Turkey you might get gout, When I get all roasted your mouth with water thinking about my tasty bites, if you win, name gets engraved for the bragging rights!

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Last Week at Beverly Rotary

Meeting started at: 12:16pm (and fined accordingly)

Reflection: Rachel Hand. We are privileged just to be here. Love keeps us going but love alone isn't enough. We need to see each person as if they are our own family. Imagine if you could care for your neighbor as you would your own child. Now is the time to do better.

Guests:

Virginia had a guest, we didn't catch name nor was it thrown Derrick Martins - Speaker
Ron Block - ADG from District
Caitlin from GBCC

Birthdays:

Brandon Ruggieri, Johnson Obeke, Zaka Shafiq, Margaret Belmonte, none of which were present

Announcements:

Ron Block Assistant Governor - Lynnfield Club invites Beverly Rotarians to participate in their Turkey Trot. Also there are openings in district positions. If you're interested in an opportunity, reach out.

Mark Munoz: Please support the Beverly Bootstraps gift card drive - especially for teenagers. Please bring some gift cards to the next meeting or get them to Sue Gabriel before Thanksgiving.

Moiph on behalf of Al Temkin: bell ringing reminder - please sign up for the same slot as next year for bell ringing if possible. *Contact Al

about this, NOT Brian!*

The Jack Good Scholarship deadline is November 18. Please share with your networks!

Leslie Gould: Power of Women is organizing its annual Sip and Shop at North Shore Music Theatre next Wednesday, 11/13. Tickets are \$20 and will get you access to 25 great vendors, catering by Super Sub, and live entertainment from Soulitude. Also, on 11/15 from 8:30-10 the Health and Wellness Committee is tackling Alzheimers & Dementia with a panel of experts including Rotary's own David Olson sharing his personal story.

Another call for the parade - let Mike Osborne know if you can participate. Theme is the history of Beverly.

Reminder that the Annual Joint Meeting with the Salem Rotary Club is set for Tuesday, 11/26, in Salem @ the Hawthorne Hotel NOT Danversport.

Sergeant: Jamie Engel. Happy Thursday! Charge of \$25 if election is mentioned during happy dollars.

Leslie - happy because Caitlin is with us today and son went on our first date
Lori - great weather
Brad - mom's getting a lot better
Kyle - Derrick Martins was able to come today
Mike - coverage for tomorrow if

you know you know
Rebecca - yesterday went to John J. Meaney affordable housing ribbon cutting in Gloucester such an uplifting way to start the day
Bill - final approval on building Derrick - just happy to be here

Turkey raffle trivia ensued. (It started in 2010, "Stanley Cup of roasting pans," etc.)

Speaker: Derrick Martins, an entrepreneur and executive coach, with a passion for health and wellness. Opened Martins Dental Partners with wife, Dr. Martins, in 2016. Live in Lynnfield but Beverly is second home. On 14 year journey of biohacking. New venture - The DRIPBaR Beverly - is a health spa on Enon Street near Rev Kitchen. Drips are a popular trend for those focused on improving both their lifespan and "healthspan." Drips can help with hydration, increasing energy, and immunity. IV goes directly into the bloodstream versus orally administered vitamins. Martins' approach here (as with Martins Dental Partners) is to be custom and comfortable. They offer 14 lifestyle drips, also have health support drips for people receiving chemo treatments, and peptides. Visit usually takes 30-45 minutes. Can add on sauna, red light therapy, halo therapy, hydrafacials, and more. DRIP-BaR also sells memberships so you can come 1-2x a month. Clients are people who are passionate about health and wellness (yoga, meal prep, etc.). Derrick generously do-

nated a free drip which was raffled off to raise an additional \$150 for the club.

Raffle: Michael Harrington had the lucky ticket but no luck on the draw.

The meeting ended at 1:32pm.

Cheers,
Allison Babin

PSA Corner

Meeting at Hawthorne Hotel with joint meeting with Salem Club on 11/26, please mark date accordingly.

TIPS FOR WAIT STAFF

Nadine and Linda take care of us on a weekly basis, those of you who have special dietary needs know they take even extra special care of you. You can thank them with a suggested donation of \$20 for their unwavering service to us. Just drop off at check in with Ken or Commish, just let them know its for Nadine and Linda. Will be collecting through to December 12

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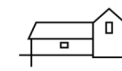
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